

the **YELLOW**
WALLPAPER

A Dance Thriller

CONCEPT, DIRECTION, CHOREOGRAPHY
CAITLIN ORT

ORIGINAL STORY
CHARLOTTE PERKINS GILMAN

SCRIPT ADAPTATION
CAITLIN ORT & MEGAN ORT



British Theatre Guide

Get Your Coats On

Rialto Arts

Theatre Village



The Wee Review

For the Plot Magazine

Fernyhough Arts Review

The SMU Reviews



Starburst Magazine



Read About Stuff



A Young(ish) Perspective

[CLICK TO WATCH SIZZLE REEL](#)



Fest Magazine



The List



Edinburgh Guide





Synopsis

The play follows Jane, a 19th-century woman suffering from postpartum depression, and her husband John, who prescribes her “**The Rest Cure**,” the era’s leading treatment for so-called “**female hysteria**.”

Isolated for months in a room and forbidden any social engagement, reading, writing, or mental stimulation, Jane slowly begins to lose her grip on reality. To pass the time in her confinement, she studies the yellow wallpaper of her room. Jane becomes convinced that **a woman is trapped** within its patterns, and that it is up to her to **set this imprisoned figure free**.

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Why This Show

The Yellow Wallpaper is a **dance thriller play adaptation** of Charlotte Perkins Gilman's iconic 1892 short story. Though written over a century ago, the tale continues to resonate while **female bodily autonomy and access to health care remain contested**.

The Ort Sisters' adaptation explores **female empowerment** and mental health through a fusion of movement, music, classic text, and psychological horror that blurs the line between reality and the surreal – revealing how **even well-meaning relationships and intentions can quietly uphold systems of oppression**.





Key Features

- **FOR FANS OF:**
 - Psychological thriller
 - Dance-theatre/physical theatre
 - Classic literature
 - Feminist horror
- **COLLABORATIVE OPPORTUNITIES:**
 - Master classes for **dance studios**
 - Talkbacks for **literature classes**
 - Cross-promotion with **advocacy groups**
- **SIX-PERSON ENSEMBLE CAST:** *featuring Broadway & film/TV talent*
- **FLEXIBLE RUN-TIME:** *60-80 min*

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Select Reviews



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Development History

NYC FRINGE - 2018

Martha Graham Studios



SOLD OUT RUN

"This was so well written and the choreography was perfect. I truly felt the emotions and thoroughly enjoyed it!"
– Audience Review

OFF-OFF BWAY - 2025

Gibney: Agnes Varis Performing Arts Center

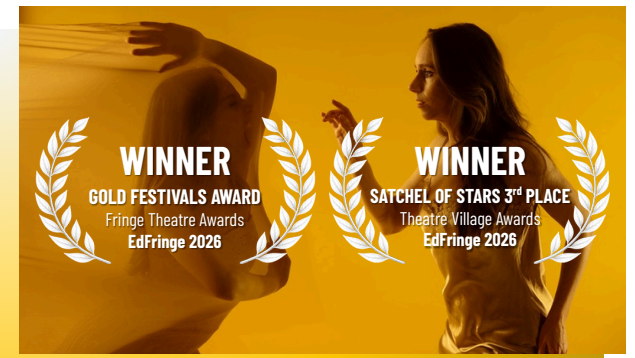


Featuring Broadway veteran
Megan Ort and film & TV star
Josh Andrés Rivera

"Marvelous...will take your breath away" – The Front Row Center

EDFRINGE - 2026

Greenside at George Street



Eight 5-Star and Six 4-Star Reviews

"Simply brilliant" – Starburst Magazine
"A bold dance-theatre thriller" – The Scotsman
"Phenomenal" – For the Plot
"A spitfire production" – Rialto Arts

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Meet the Team



CAITLIN ORT

Producer, Director, Choreographer

Caitlin Ort (she/her) is a director, choreographer, and educator dedicated to theater activism. Her work has been featured at Chelsea Music Hall, LASALLE Singapore, Theater 4615, Theater at Monmouth, and Scranton Shakespeare. Caitlin was the Associate Director/Choreographer for the world premiere of *A Hanukkah Carol* (Round House Theater and Associate Choreographer for the Asia premiere of *Great Comet*. Caitlin received the 'Outstanding Achievement in Choreography' award at the 2023 Metro Awards for *Dirty Rotten Scoundrels* and the 2024 Foxy Awards for *Cats*. She currently serves as a faculty member at the Manhattan School of Music. CaitlinOrt.com



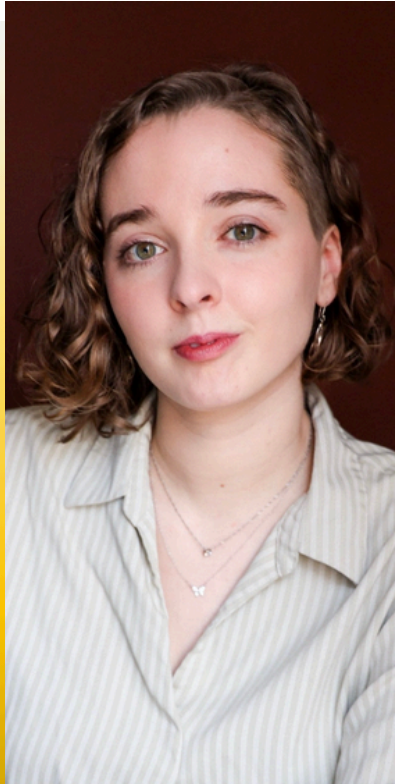
MEGAN ORT

Producer, Associate Dir/Choreo

Megan Ort (she/her) is a NYC-based theater artist and sustainability specialist. On Broadway, she understudied Sutton Foster as Mrs. Lovett in *Sweeney Todd* and Leona Lewis as Grizabella in *Cats*. Megan performed as Christine Daaé in the international tour of *The Phantom of the Opera*, traveled the US with the *Evita* first national. Megan proudly serves as a mentor for SwingNation, the first-of-its-kind swing mentorship program founded by the Harriet Tubman Effect. She is also Deputy Director of Energy Systems at the nonprofit Sustainable Westchester and holds an MPA in Policy Analysis from Columbia University. MeganOrt.com

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Meet the Team



ALEXA POWELL

Producer

Alexa Powell (she/her) is a theatre artist passionate about arts accessibility, community, and stories of queer/feminist joy. Alexa focuses on theatrical producing, directing, and admin. As of Fall 2026, she is also training to be an intimacy director through IDC. She is the Director of Production for Sunday Stages, a resident director with Unlimited Stages, and Ops Coordinator for Sapphest. Alexa has worked with A.R.T./NY, Across A Crowded Room, Off-Brand Opera, Spit & Vigor, Taproot Creatives, Ghostlight Theatre Collective, and many more lovely collaborators. AlexaPowell.net



KYRA LEEDS

Producer

Kyra Leeds (she/her) is an actor, director, and arts administrator from Queens, NY. Past credits include *Fiddler on the Roof* at Paper Mill Playhouse, the REV Theatre Company's productions of *Parade* and *Beautiful: The Carole King Musical*, Royal Caribbean's *Cats*, Argyle Theatre's *The Full Monty*, and Hangar Theatre's *A Christmas Carol*. Kyra holds a BFA in Musical Theatre from Ithaca College. Kyra is currently the Senior Development Coordinator for the nonprofit organization Usdan Summer Camp for the Arts and has done development and fundraising work for DCM, Inc. and MCC Theater. KyraLeeds.com

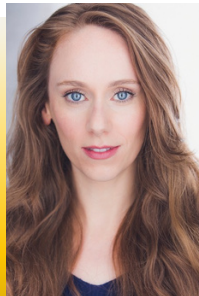
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Recent Cast



**PALOMA
D'AURIA**

Nat'l Tour: *Mean Girls*,
Elf, *Spamilton*,
Regional: *Rent*,
American Idiot, *Rocky
Horror*. Film/TV:
American Horror Stories
(FX), *FBI* (CBS), *Full
Circle* (HBO)



**MEGAN
ORT**

Bway: *Sweeney Todd*
(OBC, Lovett u/s),
Cats (OBC, Griz u/s).
Nat'l & Int'l Tours:
Phantom of the Opera
(Christine u/s), *Evita*
(Mistress u/s), *Soul
Doctor*



**JOSH
RIVERA**

Bway: *Rocky Horror*
(Rocky). TV/Film:
American Sports Story
(FX), *The Hunger
Games: Ballad...Snakes*,
Steven Spielberg's *West
Side Story*



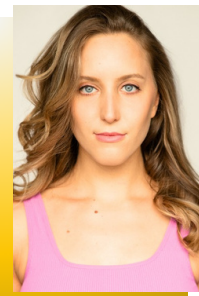
**MORGAN
BLANCHARD**

Nat'l Tour: *The Sound of
Music*, *The SpongeBob
Musical*. Regional:
Joseph...Dreamcoat
(Arvada), *Grease*
(Fireside), *Mamma Mia!*
(North Shore)



**ANNIE
SHERMAN**

Off Bway: *Masquerade*.
Int'l Tour: *The Sound
of Music* (Elsa
Schrader). US Tour:
The King and I (Anna).
Regional: LA Opera, *A
Little Night Music*
(Denver Center)



**CLAIRE
VAN BEVER**

Bway/Int'l Tour:
Phantom of the Opera.
Metropolitan Opera,
Dallas Opera, Jillian
Peña, Chamber Music
Northwest, Alice
Gosti, Danielle Diniz,
MorDance



**MAYA
MUSIAL**

Regional: *Hairspray*
(NSMT), *Mamma Mia*
(Red Mountain
Theatre Company),
*The Virtuous Life of
Joseph Andrews*
(Penguin Rep). TV:
Law & Order



**OLIVIA
HELAINE**

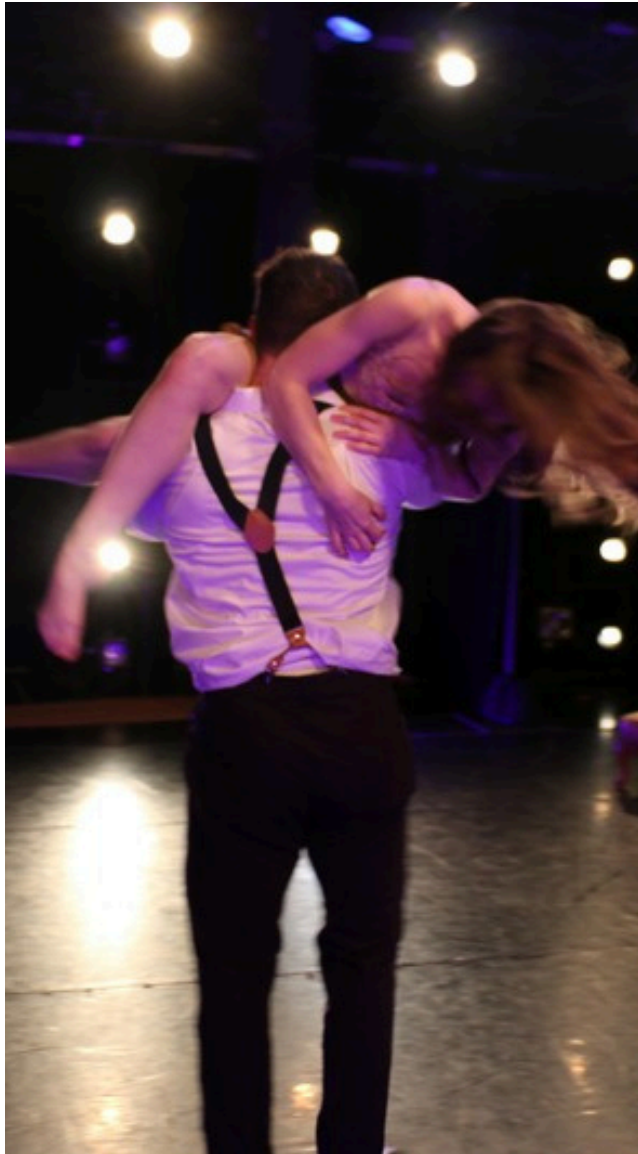
TV: *FBI: Most
Wanted* (CBS),
Stage: "*Dad?*" at
The Second City
NYC

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MORE MARKETING ASSETS





[MORE PRODUCTION PHOTOS](#)

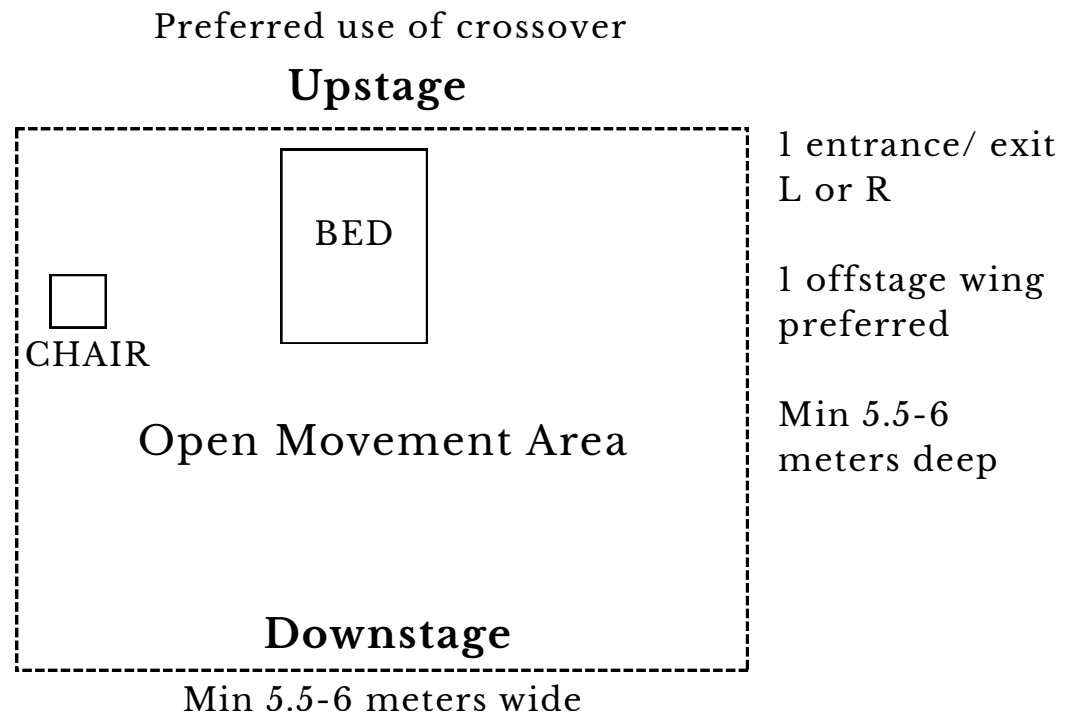


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Venue Requirements

TECHNICAL SPECS

- **Stage:**
 - **Dimensions:** Min 5.5m x 6m
 - **Material:** Must be danceable
- **Lighting:** General warm & cool wash, low side lighting, flashing lights
- **Sound:** Pre-recorded tracks
- **Set Pieces:**
 - One 1m x 2m stage deck “bed”
 - One chair
- **Props:** All hand props provided by production
- **Run-time:** Flexible 60-80 min
- **Cast Size:** 6 performers





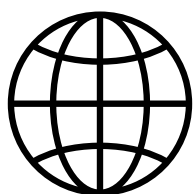
Instagram

[@theyellowwallpaperplay](https://www.instagram.com/theyellowwallpaperplay)



TikTok

[@theyellowwallpaperplay](https://www.tiktok.com/@theyellowwallpaperplay)



Website

www.theyellowwallpaperplay.com



For more information,
please contact:

theyellowwallpaperplay@gmail.com

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